

**Building Resilience:
"Upstream" Approaches for Suicide Prevention**

October 1, 2021

Presenter:	Dr. Perri Rosen, Consulting Psychologist Pennsylvania Office of Mental Health and Substance Abuse Services, Department of Human Services	
Location:	Online – Access information will be emailed to registrants	
Time:	10:00 a.m. to 11:30 a.m.	
Registration Fees:	MUJC Members:	\$ 85.00
	Nonmembers with Subscription:	\$ 85.00
	Nonmembers:	\$100.00

Suicide is the second leading cause of death among youth between the ages of 10 and 24, and rates have been increasing in every state over the past decade. There is growing focus in the field of youth suicide prevention in taking a more proactive and comprehensive “upstream” approach, which involves working to reduce risk factors and enhance protective factors prior to the onset of high risk behaviors, suicidal thoughts and other concerns. Educators are uniquely positioned to take the lead in implementing upstream strategies, building resilience and saving lives. This online inservice explores a comprehensive school-based suicide prevention framework for schools, highlighting the role of educators and best practice approaches.

Participants will gain knowledge and skills in:

1. describing how a multi-tiered approach to suicide prevention promotes student wellbeing,
2. summarizing their role and function as educators in school-based suicide prevention efforts,
3. identifying at least three practices or resources to promote student social emotional wellness.

This inservice is online from 10:00 a.m. to 11:30 a.m.