

**Adaptive Physical Education for Students
With Special Needs, Grades K-8**

May 23, 2022

Presenter: Keith Barber, Physical Education Teacher,
Developmental Learning Center-Warren,
Morris-Union Jointure Commission

Location: Development Learning Center - Warren
217 Mountain View Road, Warren, NJ

Time: 9:00 a.m. to 12:00 p.m.

Registration	MUJC Members:	\$60.00
Fees:	Nonmembers with Subscription:	\$60.00
	Nonmembers:	\$75.00

This in person inservice will focus on methods and techniques of adaptive physical education skills and activities for students with special needs. Topics of discussion will include assessment, instruction, and design techniques; ideas for inclusion in typical physical education classes; methods of motivating students and adapting activities and equipment; modification of instruction; and class organization. Also, an overview of adaptive aquatics, a review of the key elements for conducting an aerobic and strength fitness program within a school or community based fitness center, methods of presenting more effective teaching stations, and related developmental learning activities will be reviewed.

Participants will gain knowledge and skills in:

1. activities and skills to meet the abilities of students,
2. modification of equipment and organizing traditional and alternative program areas,
3. participation in community based leisure activities,
4. community facilities to enhance and expand the physical education curriculum,
5. importance of maintaining lifelong practices in good health and physical fitness.

This inservice is in person from 9:00 a.m. to 12:00 p.m.